

Forspiro[®]



How to inhale in three easy steps

1



Open

- Hold the inhaler in your left hand.
- Flip the protective cap open with your right hand.

2



Load

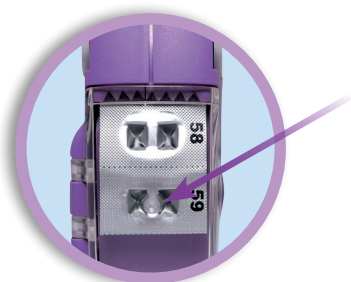
- Load the inhaler by pulling back the white lever with your right hand until you hear a click.
- Then flip the white lever back to the starting position until you hear it click into place.

3



Inhale

- Breathe out slowly and relaxed; do not breathe into the inhaler.
- Close your lips tightly around the mouthpiece and breathe in deeply and evenly (not through the nose).
- Remove your mouth from the mouthpiece and hold your breath for 5–10 seconds.
- Breathe out slowly, but not into the inhaler.
- Flip the protective cap closed.
- Rinse your mouth out with water and spit out.



Visual check using transparent side chamber*

- Powder residues in the side chamber are indicative of incorrect inhalation.
- Removing the blister strips at the end of each day allows you to check whether the prescribed number of inhalations has been performed, meaning daily checks are possible.

*After five inhaled doses, the empty blisters are visible in the side chamber and can be checked for any remaining powder.

