

**CHECKLIST FOR PROPER INHALATION TECHNIQUE
RESPIMAT**

V 1-3: QUESTIONS ABOUT CORRECT PREPARATION FOR INHALATION

A 4-9: QUESTIONS ABOUT CORRECT INHALATION ROUTINE

B 10: QUESTIONS ABOUT CORRECT ENDING OF INHALATION

	Procedure for proper inhalation technique	Inhalation fault (checklist)	Fault
V1	Insert the cartridge before initial use.	The cartridge is not properly inserted before initial use.	
V2	Load a dose by rotating the housing section in the direction of the arrow. Hold the Respimat inhaler upright while loading a dose.	The housing section is not correctly rotated. The Respimat inhaler is not held upright.	
V3	Remove the protective cap.	The protective cap was not removed.	
A4	Inhale in an upright posture (seated or standing).	Inhalation in an unfavourable posture.	
A5	Exhale fully before inhaling.	Insufficient or no exhalation before inhalation.	
A6	Tightly wrap the mouthpiece with your lips.	The mouthpiece is not tightly wrapped by the lips, or release takes place against the teeth, lips, or tongue.	
A7	Hold the Respimat horizontally during inhalation.	The Respimat inhaler is not held horizontally.	
A8	Inhale slowly and deeply.	Inhalation was not deep enough or too fast.	
A9	Hold your breath for 5-10 seconds, if possible.	Breath was held too briefly or not at all after inhalation.	
B10	Replace the protective cap after finishing inhalation. Use the counter to check the delivered dose.	The protective cap is not replaced after end of inhalation. The counter has not been checked or a wrong dose was dispensed.	